

CERTIFICATE

OF PARTICIPATION

This is to certify that

C van Heywingen

Has successfully participated & completed the

42km CDM 4-in-1 2019

held at Polokwane Rugby Fields.

TIME 04:11:33

PACE 05:58/km

OVERALL 153 of 440

16 February 2019, Sat

Date

GENDER 135 of

351

40+ 36 of 119



Signature